



WALES
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THE DUKE
OF EDINBURGH'S
AWARD

Booking Form

Lead Name:

Team Name:

Address:

.....

..... Post Code:

Email: Mobile:

Cheques made payable to The Duke of Edinburgh's Award

- I enclose £100 team deposit
- Operating Authority team full payment of £400
- Business team full payment of £600

Return address: The Duke of Edinburgh's Award,
Oak House,
12 The Bulwark,
Brecon,
Powys, LD3 7AD.

Closing date: 1st September 2011

Camping will be available at www.llangorselake.co.uk

Charity Number - 1072490



The Duke of Edinburgh's Award Adventure Race

September 24th/25th 2011



THE DUKE OF EDINBURGH'S AWARD GWOBR DUG CAEREDIN

Challenge Details

- Activities/Terrain: run, mountain bike, hike, orienteer and paddle as a team across the Brecon Beacons – including peaks, forest trails and lakes.
- Teams of 6, any dynamic, minimum age of 16, must be able to swim 25 metres.
- Teams will require a vehicle, support driver and 6 mountain bikes.

• Approximate distances the team and each member will cover over the 2 days:

Running.....	15km
Biking	20km
Hiking	20km
Orienteer	10km
Paddle open canoes (canoes & safety equipment provided).....	2km



Saturday 24th September

Start point: Garwnant Forest Centre, situated just off the A470 5 miles North of Merthyr Tydfil. From 10.00am to approx 3.00pm.

Sunday 25th September

Start point: Llangorse Lake, near Brecon. From 9.00am to approx 2.00pm.
Presentation at Llangorse Multi Activity Centre at 3.00pm.

Costs

Duke of Edinburgh's Award Teams £400
 Business Teams £600
 Non-refundable £100 deposit with booking form.
 Non-refundable balance must be paid for in full 4 weeks prior to the event.

Enquiries

For general event enquiries please contact:

Email: ian.gwilym@DofE.org
 Telephone: 01874 623086
 Mobile: 07974 348522

Find your nearest Cotswold store

102 The Struet, Brecon, Powys, LD3 7LT.
Tel: 01874 622 551.

Unit 12, Talbot Green Retail Park, Llantrisant, Cardiff, Mid Glamorgan, CF72 8LW.
Tel: 01443 220 880.

11 Wharton Street, Cardiff, Mid Glamorgan, CF10 1AG.
Tel: 02920 399 796.

Unit 5 & 5A, St Catherine's Walk, Carmarthen, SA31 1GA.
Tel: 01267 222 039.